| **1) DESCRIPTION OF THE TOOL** |
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| Participants explore a conflict situation from **two different perspectives**: their own and the other person’s. Each group writes a short dialogue, letter, or reflection expressing the emotions, needs, and reasoning of both sides.  Example: A team member missed a deadline, causing stress for a colleague. Each side explains the situation from their viewpoint. |

| **2) OBJECTIVES OF THE TOOL** |
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| • Develop empathy and emotional intelligence  • Understand different perceptions in conflicts  • Encourage cooperative and solution-oriented thinking |

| **3) CONNECTION OF THE TOOL WITH THE SKILL** |
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| Changing perspective is one of the strongest tools for resolving conflict. When people feel understood, they respond with cooperation rather than defensiveness. |
| **4) MATERIAL RESOURCES** |
| • “Perspective cards” (each representing a different role or personality)  • Paper and pens  • Optional: emotion wheel or empathy map poster |

| **5) HOW TO APPLY THE TOOL** |
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| 1. Divide participants into small groups (3–4 people). 2. Provide each group with a short conflict scenario. 3. Ask them to describe the situation first from their own point of view, then from the opposite side. 4. Groups exchange and act out each other’s perspectives. 5. Reflect together: What changed when they saw the situation through another’s eyes? |

| **6) WHAT TO LEARN** |
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| Empathy softens tension. When emotions are acknowledged, conflicts turn into opportunities for mutual understanding and growth. |

| **7) EXTRA MATERIALS - LINKS** |
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| <https://www.crkit.org> |